

RHODE ISLAND: HIGH

Student Chart _____
Student Chart H - D.5.1

2004-2005 STUDENT REPORTS OF HEALTH CARE, NUTRITION, AND SLEEP BY GRADE LEVEL

| | Grade level | | | | | | | | | | | | | | |
|--|-------------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|
| | Overall | | | 9th | | | 10th | | | 11th | | | 12th | | |
| | 97-98 | 03-04 | 04-05 | 97-98 | 03-04 | 04-05 | 97-98 | 03-04 | 04-05 | 97-98 | 03-04 | 04-05 | 97-98 | 03-04 | 04-05 |
| If you are sick, where do you usually see your doctor or nurse? | | | | | | | | | | | | | | | |
| I do not have a regular doctor or nurse | 12 | 11 | 11 | 10 | 10 | 11 | 12 | 10 | 10 | 12 | 11 | 11 | 15 | 12 | 12 |
| Doctor's office | 65 | 70 | 70 | 66 | 70 | 70 | 65 | 70 | 69 | 66 | 71 | 70 | 63 | 70 | 71 |
| Community health clinic | 12 | 10 | 10 | 12 | 10 | 10 | 12 | 10 | 10 | 11 | 10 | 9 | 11 | 9 | 9 |
| Emergency room/hospital | 6 | 6 | 5 | 6 | 6 | 6 | 6 | 6 | 6 | 6 | 5 | 5 | 7 | 5 | 5 |
| Other health care facility | 5 | 4 | 4 | 6 | 4 | 4 | 5 | 4 | 4 | 5 | 4 | 4 | 5 | 4 | 4 |
| During the past week, on how many days did you eat breakfast? | | | | | | | | | | | | | | | |
| 0 days | 22 | 31 | 23 | 21 | 32 | 23 | 23 | 32 | 23 | 22 | 30 | 23 | 23 | 31 | 23 |
| 1-2 days | 26 | 36 | 26 | 24 | 36 | 24 | 26 | 36 | 25 | 27 | 36 | 27 | 28 | 37 | 28 |
| 3-4 days | 14 | 20 | 15 | 13 | 20 | 14 | 13 | 20 | 15 | 14 | 21 | 15 | 15 | 20 | 16 |
| 5-6 days | 8 | 12 | 8 | 8 | 11 | 7 | 8 | 12 | 8 | 8 | 13 | 8 | 9 | 11 | 9 |
| Everyday | 30 | 0 | 29 | 33 | 1 | 32 | 30 | 0 | 29 | 29 | 1 | 27 | 25 | 0 | 24 |
| Think about all the meals and snacks you ate yesterday. How many servings of vegetables/fruits did you eat yesterday? | | | | | | | | | | | | | | | |
| I did not eat any yesterday | 18 | 23 | 23 | 18 | 23 | 23 | 18 | 24 | 23 | 17 | 22 | 22 | 18 | 23 | 23 |
| 1 or 2 servings | 45 | 47 | 46 | 43 | 47 | 45 | 45 | 46 | 47 | 45 | 46 | 47 | 46 | 48 | 45 |
| 3 or 4 servings | 29 | 24 | 24 | 30 | 23 | 25 | 29 | 23 | 24 | 30 | 25 | 24 | 29 | 23 | 25 |
| 5 or more servings | 8 | 7 | 7 | 9 | 7 | 7 | 8 | 7 | 7 | 8 | 6 | 6 | 8 | 6 | 7 |
| How many hours of sleep do you get on a typical school night? | | | | | | | | | | | | | | | |
| 5 hours or less | 15 | 18 | 18 | 13 | 15 | 16 | 15 | 17 | 18 | 15 | 19 | 19 | 18 | 22 | 21 |
| 6 hours | 22 | 22 | 22 | 18 | 18 | 18 | 21 | 21 | 20 | 24 | 25 | 24 | 29 | 28 | 28 |
| 7 hours | 32 | 28 | 28 | 29 | 25 | 25 | 33 | 28 | 29 | 34 | 30 | 29 | 33 | 30 | 30 |
| 8 hours | 24 | 24 | 24 | 30 | 30 | 29 | 25 | 26 | 25 | 22 | 21 | 22 | 17 | 16 | 17 |
| 9 or more hours | 7 | 8 | 9 | 10 | 12 | 13 | 6 | 9 | 9 | 5 | 6 | 6 | 4 | 5 | 5 |

Note: This table can be disaggregated by gender or ethnicity.