

# RHODE ISLAND: MIDDLE

Student Chart \_\_\_\_\_  
Student Chart M - D.5.1

## 2004-2005 STUDENT REPORTS OF HEALTH CARE, NUTRITION, AND SLEEP BY GRADE LEVEL

	Grade level														
	Overall			5th			6th			7th			8th		
	97-98	03-04	04-05	97-98	03-04	04-05	97-98	03-04	04-05	97-98	03-04	04-05	97-98	03-04	04-05
<b>If you are sick, where do you usually see your doctor or nurse?</b>															
I do not have a regular doctor or nurse	8	7	7	9	8	5	8	6	7	7	7	7	8	7	8
Doctor's office	69	71	71	68	76	78	69	71	70	69	71	72	70	71	71
Community health clinic	11	10	10	11	6	7	11	10	10	12	10	10	11	10	10
Emergency room/hospital	6	6	5	6	4	2	5	6	6	6	6	5	6	6	5
Other health care facility	6	6	6	6	6	8	7	7	7	6	7	6	6	6	5
<b>During the past week, on how many days did you eat breakfast?</b>															
0 days	17	15	15	11	8	7	15	12	12	17	15	15	20	18	18
1-2 days	17	18	17	11	11	9	13	14	14	17	18	18	19	21	20
3-4 days	12	12	12	7	8	7	11	11	10	13	12	12	13	12	12
5-6 days	9	8	8	9	7	7	9	8	8	9	8	8	9	8	8
Everyday	45	48	48	62	67	69	52	55	56	45	48	47	39	41	41
<b>Think about all the meals and snacks you ate yesterday. How many servings of vegetables/fruits did you eat yesterday?</b>															
I did not eat any yesterday	17	19	19	15	15	17	16	18	17	17	19	18	16	20	20
1 or 2 servings	43	41	41	37	39	37	41	40	39	43	41	41	44	43	42
3 or 4 servings	29	29	30	32	33	32	31	30	32	29	30	30	29	28	29
5 or more servings	11	10	10	17	13	15	12	11	12	11	10	10	10	9	9
<b>How many hours of sleep do you get on a typical school night?</b>															
5 hours or less	10	10	10	9	10	8	9	8	8	9	9	9	10	12	12
6 hours	11	10	10	7	7	6	8	8	8	10	9	10	13	13	13
7 hours	20	17	17	14	10	9	15	13	13	19	17	18	25	21	20
8 hours	34	34	33	25	28	26	31	32	31	35	35	34	35	35	35
9 or more hours	25	29	29	44	45	51	36	39	39	26	30	29	17	20	20

Note: This table can be disaggregated by gender or ethnicity.